

CSU MPH - Physical Activity and Healthy Lifestyles - Academic Year 2020-21

Student Name: _____ CSU ID: _____

Telephone: _____ CU ID: _____

Email: _____

CORE COURSES (Total of 21 credits)

| Completed | Semester | ColoradoSPH at CSU | Credits | Title | ColoradoSPH at CU | ColoradoSPH at UNC | Trnsfr |
|--------------------------|----------|--------------------|---------|---------------------------------------|-------------------|--------------------|--------------------------|
| <input type="checkbox"/> | | PBHC 5160 | 2 | Public Health Foundations | PUBH 6600 | NA | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5500 | 3 | Applied Behavior Change Theory | CBHS 6610 | CHBH 5090 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5200 | 3 | Health Systems, Management and Policy | HSMP 6601 | CHBH 6350 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5300 | 3 | Environmental Public Health & Policy | EHOH 6614 | CHBH 5500 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5700 | 3 | Epidemiology for Public Health | EPID 6630 | CHBH 6200 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5600 | 3 | Quantitative Methods in Public Health | BIOS 6601 | CHBH 6120 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6860 | 2 | Practicum | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6980 | 2 | Capstone Project | | | <input type="checkbox"/> |

21

CONCENTRATION REQUIREMENTS (Minimum of 15 credits; additional credits will count as PAHL or general electives)

| Completed | Semester | ColoradoSPH # | Credits | Title | Trnsfr |
|-----------|----------|---------------|---------|-------|--------|
|-----------|----------|---------------|---------|-------|--------|

Physical Activity Healthy Lifestyles Required Course - 3 credits

| | | | | | |
|--------------------------|--|-----------|---|-------------------------------------|--------------------------|
| <input type="checkbox"/> | | PBHC 6440 | 3 | Physical Activity and Public Health | <input type="checkbox"/> |
|--------------------------|--|-----------|---|-------------------------------------|--------------------------|

Program Planning and Evaluation Core - Min. of 3 credits (Max of 6 credits will count towards degree)

Program Planning Courses (max of 3 cr. of planning courses may count towards degree).

| | | | | | |
|--------------------------|--|------------|---|--|--------------------------|
| <input type="checkbox"/> | | HESC 6500 | 3 | Health Promotion Programming | <input type="checkbox"/> |
| <input type="checkbox"/> | | HDFS 6080 | 3 | Program Planning and Implementation | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 6100 | 3 | Program Planning and Evaluation (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | *CBHS 6613 | 3 | Program Planning and Implementation (CU) | <input type="checkbox"/> |

Program Evaluation courses (max of 3 cr. of evaluation courses may count towards degree).

| | | | | | |
|--------------------------|--|------------|---|--|--------------------------|
| <input type="checkbox"/> | | HDFS 6090 | 3 | Prevention Program Evaluation | <input type="checkbox"/> |
| <input type="checkbox"/> | | *CBHS 6612 | 3 | Methods in Research Evaluation (CU) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 6150 | 3 | Methods in Public Health Research & Eval (UNC) | <input type="checkbox"/> |

****Other (see note below)**

| | | | | | |
|--------------------------|--|-----------|---|---------------------------------------|--------------------------|
| <input type="checkbox"/> | | FSHN 6200 | 3 | Community Nutrition Planning and Eval | <input type="checkbox"/> |
|--------------------------|--|-----------|---|---------------------------------------|--------------------------|

Health Communication Requirement- Min. 3 credits

| | | | | | |
|--------------------------|--|-----------|---|---|--------------------------|
| <input type="checkbox"/> | | JTCM 6300 | 3 | Health Communication | <input type="checkbox"/> |
| <input type="checkbox"/> | | JTCM 6140 | 3 | Public Communication Campaigns | <input type="checkbox"/> |
| <input type="checkbox"/> | | CBHS 6628 | 3 | Technology Based Health Promotion (CU) | <input type="checkbox"/> |
| <input type="checkbox"/> | | EHOH 6638 | 3 | Communication Skills for PH Impact (CU) | <input type="checkbox"/> |

Physical Activity and Healthy Lifestyles Electives - Min. 6 credits (additional credits will count toward general electives)

| | | | | | |
|--------------------------|--|------------|--------|--|--------------------------|
| <input type="checkbox"/> | | FSHN 5000 | 2 | Food Systems, Nutrition and Food Security | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 5200 | 3 | Medical Nutrition Therapy | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 5250 | 2 | Nutrition Education Theories and Practice | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 6200 | 3 | Community Nutrition Planning and Eval | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 6400 | 2 | Selected Topics in Nutritional Epidemiology | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6500 | 2 | Recent Dev in Human Nutrition - Protein | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6501 | 2 | Recent Dev in Human Nutrition - Macro | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6502 | 2 | Recent Dev in Human Nutrition - Genome | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6600 | 2 | Women's Issues in Lifecycle Nutrition | <input type="checkbox"/> |
| <input type="checkbox"/> | | HESC 6450 | 3 | Epidemiology of Health and Physical Activity | <input type="checkbox"/> |
| <input type="checkbox"/> | | JTCM 6700 | 3 | Social Processes of Risk | <input type="checkbox"/> |
| <input type="checkbox"/> | | ETHS 5100 | 3 | Ethnicity, Race & Health Disparities | <input type="checkbox"/> |
| <input type="checkbox"/> | | HDFS 5920 | 3 | Grant Writing | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6924 | 1 to 3 | Public Health Seminar: PAHL | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6950 | 1 to 3 | Public Health Independent Study | <input type="checkbox"/> |

| | | | | | |
|--------------------------|--|-----------|---|--|--------------------------|
| <input type="checkbox"/> | | PSCY 6000 | 3 | Health Psychology | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 5250 | 3 | Contemporary Issues in School Health (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 5330 | 3 | Phys. Activity Intervention in Comm. (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CBHS 6614 | 1 | Childhood Obesity (CU) | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |

General Electives - 6 credits (can be satisfied by any public health courses in the ColoradoSPH)

| Completed | Semester | ColoradoSPH # | Credits | Title | Trnsfr |
|--------------------------|----------|---------------|---------|-------|--------------------------|
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |

Minimum of 42 credits required to graduate

*Please note that these classes have prerequisites. If you have not completed the prerequisite coursework you will need to contact the instructor for permission to take the course.

Concentration Course Pre-Reqs

*CBHS 6612-Research Methods and Evaluation: Core Biostatistics and Epidemiology Course

*CBHS 6613-Program Planning and Implementation: CBHS 6611- Foundations of Health Behavior AND CBHS 6612 - Research Methods and Evaluation (in no particular order)

Elective Course Pre-Reqs

*FSHN 5200-Medical Nutrition Therapy: FSHN 550- Advanced Nutrition Sciences I OR FSHN 551- Advanced Nutrition Sciences II

*FSHN 6501- Recent Dev. In Human Nutrition-Protein: FSHN 550- Advanced Nutrition Sciences I

*FSHN 6502- Recent Dev. In Human Nutrition-Macro: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6503- Recent Dev. In Human Nutrition-Genome: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6600- Women's Issues in Lifecycle Nutrition: 300-level human nutrition course OR instructors permission.

*HESC 6100- Exercise Bioenergetics: biochemistry OR 300-level human nutrition course; & physiology course

*HESC 6300- Integrative Exercise and Nutr. Metabolism: FSHN 551- Advanced Nutrition Sciences II & HES 610-Exercise Bioenergetics

** FSHN 6200 can be paired with any other CSU course option in the Program Development section, but not a CU or UNC course. FSHN 6200 cannot be paired with: CHBH 6100, CBHS 6613, CBHS 6612, and CHBH 6150.